

# GARUDa

indeed achieved the end of his existence. O thou  
foremost *at*  
Bṛhmanas, he, whose mind never deviates [from  
the content  
piation of Govinda at the time of performing a  
*Japa* or a  
*ffoma*, comes by a nobler possession than the  
lordship of  
heaven.

He, who has offered his whole soul to  
Keshava\* become\*  
ible to snap the chord of tlniversal illusion of  
Vishriu, withi  
but the necessity of renouncing his house and  
world. With

Govinda in his heart, a man shows forbearance to  
the angry,  
Cities the ignorant, and takes delight in the  
discourses of  
the virtuous. In all acts of ablution, gift making,  
or penance,  
one should meditate upon Narfyaana> Their's is  
the victory^  
theirs is the profit in whose hearts dwelleth the  
lotus-blue

Jan&rdana; whence shall thy dread  
discomfiture? Even

•birds and insects, that have offered their souls  
unto Had)

-shall come by an elevated status (after death),  
not to speak

of wise mem The shadow, which the tree of  
V&sudeva casts,

is extremely cooling, it subdues heat  
and^obscurer the gate to

fcefiy—ah, wherefore should not a man sit under  
its shadow?

"O thou foremost of Brdhmanis, even the  
imprecation of

DurvSsa's was not potent enough to destroy  
the kingdom

of Indra, only because he had the destructor of  
Madhu in

his heart. When the mind of a man is  
permanently attached

to God even while he is outwardly busy with the  
works of life

he U said to have realised his Dlifrani  
(comprehension)\*

The God Nlr^yana of golden body, who is in

the disc of  
the "sun, seated ~tm a full-blown lotus-flower,  
decorated with  
golden' bracelets, ear-rings and necklace and  
who wields a  
'discus and conch-shell in his arms, should be  
constantly  
meditated upon:

I do not wish to say muchj enough it is to say  
that conv  
temptation of Haft tends to absolve one's all  
sin. There is  
nothing mbre purifying than divine  
contemplation in this  
'world. Sin affecteth not the°«an who partakes of  
a Chandala's  
boiled race, meditating on H\*ri in bis heart, A  
man constantly